

## SENSORY STATION GUIDE



### The "J" Elements

Letterforms: Jj

Sign Language: J, JUGGLE

Colors: Jungle Green, Jade, Jelly

<u>Trait Tracker:</u> Joyful

Planter: Japanese Painted Fern / Jasmine / Jewelbox

<u>Ground Plants:</u> Japanese Maples <u>Equine:</u> Jutland, Jockey, Jump

Visual: Jade Suncatchers, Jellyfish, Jasmine the Jaguar

Every Sensory Station also features a human first aid kit, equine first aid kit, hitching post, planter and storage barn. Every two stations share a mounting block.

## The "J" Experience

Juggle: how many different items can you learn how to JUGGLE?

Jockey: what JOB does a horse JOCKEY have? dress up like a JOCKEY!

Jump: how high can you JUMP? can horses JUMP? what do horse JUMPS look like?

**Jump-rope:** how fast can you JUMP ROPE? why is it good exercise?

Jacks: play a game of JACKS with a friend

**Jungle:** use the JUNGLE animal instruments to make this station sound like a JUNGLE!

Jokes: tell a knock-knock JOKE to a friend; what makes a JOKE funny...or hurtful?

Jewels: how many JEWELS can you find?

Journal: spend some time writing in your JOURNAL at JOURNAL JUNCTION

Joyful: what makes you feel JOYFUL?

Jaguars, Jellyfish... how many animals start with the letter J?

**J:** does your name start with the letter J?

J: what other things or ideas can you think of that start with J?

**J** continued...



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# "J" Actions -and- Take-aways

{Users are prompted through their Field Journals or Teacher Packets}

#### **Service Projects:**

- Bring an un-opened bottle of Juice or a Jarred item to donate to a Food Bank
- Join an organization, like Hands on Charlotte (www.handsoncharlotte.org)
  to learn about community service projects and volunteer opportunities you
  can do with your family.
- Jungle preservation learn about things you can do to help save the Jungles of the world and the species who live there.

### **Writing Prompts:**

- Write a JOURNAL entry about your visit to RCR. Include 5 things you liked, and one or two things that you'd like to see added to make it even better.
- What are three ways that you bring JOY to the people in your life?

### **Creative Project:**

- Find the naturally-occuring "J" forms in the trees
- Tell a funny Joke!

TRAIT TRACKER: JOYFUL

Our definition:

A feeling of great happiness or delight.