

## SENSORY STATION GUIDE

# Aa

### The “A” Elements

Letterforms: Aa

Sign Language: A, APPLE

Colors: Aqua, Apricot, Amber, Amethyst, Aquamarine, Azure, Auburn

Trait Tracker: Appreciation

Planter: Astilbe / Aloe Vera / Ajuga

Ground Plants: Aloe, Apple Trees

Equine: Appaloosa, Arabian, Ardennes

Visual: Apricot Suncatchers, Acorns

*Every Sensory Station also features a human first aid kit, equine first aid kit, hitching post, planter and storage barn. Every two stations share a mounting block.*

### The “A” Experience

**Apples:** what types of APPLE TREES do you see? how do APPLE trees grow?

**Art:** paint on the ART easels

**Acting:** ACT out a skit on the natural AMPHITHEATER stage

**Anatomy:** learn the ANATOMY of a tree, and what is inside your human ANATOMY

**Adding:** practice ADDING with the ABACUS

**Airplanes:** how many AIRPLANES can you see or hear?

**Archery:** can you spot the ARROWS used for ARCHERY?

**Acorns:** how many ACORNS can you find?

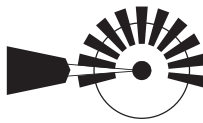
**Appreciation:** what do you APPRECIATE most in life?

**Armadillos, Ants, Alligators...** how many ANIMALS start with the letter A?

**A:** does your name start with the letter A?

**A:** what other things or ideas can you think of that start with A?

**A** continued...



## SENSORY STATION GUIDE

# Aa

### **“A” Actions -and- Take-aways**

{Users are prompted through their Field Journals or Teacher Packets}

#### **Service Projects:**

##### ACTS OF KINDNESS

Here are some easy things you can do to really brighten someone’s day:

- Give someone a compliment
- Offer to let someone else go first.
- Make a picture or a card and give it to someone you appreciate.
- Help around the house without being asked to.
- Sort through your clothes and toys to find things that you don’t need or want anymore, then donate those items to a local shelter or clothing drive.
- Smile at people as you pass by
- Say “thank you”!

##### BE AN ANIMAL ADVOCATE

- Volunteer at your local animal shelter or collect needed items to donate.
- Raise awareness about animal welfare among your friends and family.

#### **Writing Prompts:**

- Write an ARTICLE about your favorite ANIMAL
- Write a letter to someone telling them all the reasons you APPRECIATE them.
- Write a newspaper ARTICLE that tells all about the RC Discovery Trail.

#### **Creative Project:**

- Make a paper/balsa-wood AIRPLANE
- Create a painting on the ART easels

---

### **TRAIT TRACKER: APPRECIATION**

Our definition:

*A feeling of gratitude for the actions, beauty, or importance of someone or something, and fully understanding what makes these so worthy of your gratitude.*